

SPORTS SCHEDULE

YEAR 2023/2024

	FITNESS	ZUIDERPARK SPORTS HALL	PABO HALL	EXTERNAL LOCATION	SWIMMING
MONDAY	11.00 – 22.00		17.30 – 18.30 Yoga 18.30 – 19.30 Total Body Workout		07.00 – 08.30 Zwembad Overbosch
TUESDAY	11.00 – 22.00		19.00 – 20.30 Boxing	19.00 – 20.00 Hip Hop**	12.00 – 13.00 Zwembad Overbosch
WEDNESDAY	11.00 – 22.00	17.30 – 19.00 Football 19.00 – 20.30 Basketball	19.00 – 20.00 Zumba 20.00 – 21.00 Yoga		07.00 – 08.30 Zwembad De Houtzagerij 20.30 – 22.00 Zwembad Het Hofbad
THURSDAY	11.00 – 22.00		17.30 – 19.00 Total Body Workout		12.00 – 13.00 Zwembad Het Zuiderpark
FRIDAY	11.00 – 20.00	17.00 – 19.00 Volleyball 17.00 – 19.00 Badminton	17.30 – 19.00 Boxing	17.00 – 18.30 Football*	07.00 – 08.30 Zwembad De Houtzagerij
SATURDAY	11.00 – 17.00		10.30 – 11.30 Yoga		12.00 – 13.00 Zwembad Het Zuiderpark
SUNDAY		13.30 – 15.30 Basketball 13.30 – 15.30 Volleyball			09.30 – 11.30 Zwembad Het hofbad

EXTRA INFORMATION:

- Only Sports & Fitness passes of 3, 6 or 12 months have free entry during the swimming hours.
- * Football on grass @ Football Factory HVV. Location: Houtrustlaan 1, 2566 ZW, The Hague
- ** Hip Hop for 5 weeks on April 30th, May 7th & 28th, June 4th & 11th. Location Zuiderpark Dance Hall

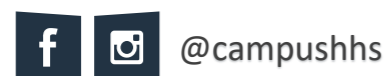
ZUIDERPARK SPORTS CAMPUS:

Meester P. Drooglever Fortuynweg 22, 2533 SR, The Hague

VERSION 4.6

April 23rd, 2024

CAMPUS
STUDENT LIFE & SPORTS



THE HAGUE
UNIVERSITY OF
APPLIED SCIENCES